



## Baby Developmental Guide

### Physical

- **Gross Motor: Movement and Coordination:** Gains control of head and body, Easily turns head from side to side while lying on stomach, Raises head and chest when lying on stomach, Pushes down on legs when feet are placed on a firm surface (walking reflex)
- **Fine Motor:** Holds things briefly before dropping: Folds hand around finger of another person placed in palm of hand, Holds on to ring on cradle gym after hand touches it, Begins to hold onto bottle for entire feeding, Begins to bring toys or their fingers to mouth, Grabs onto own toes

### Social and Emotional

- **Self Concept:** Expresses comfort and discomfort. Uses specific kinds of cries to signal needs (e.g., hunger or wet), Is responsive to adult's attempts to comfort (e.g., relaxes when back is gently rubbed)

Express feelings. Make responses to express how he feels about what is happening and show awareness of how others are feeling (cries when another child cries, frowns when a caregiver looks sad).

Pay attention and responds to name and images of self. Pay attention to own reflection in mirror and respond to hearing name called.

- **Self Control:** Demonstrate some ability to self-regulate. Stop crying upon seeing a familiar person; may be able to calm self (e.g., sucks on hand while going to sleep); look to a familiar person for encouragement when encountering new experiences (e.g., looks at caregiver for a positive nod or encouraging word).

Begin to relate to other children. Sit near another child while playing; smile at another child and squeal or fuss when another child approaches.

- **Cooperation:** Demonstrate awareness of others. Begin to watch other children in the group and show interest in their play; show recognition of familiar people by reaching or smiling.

Recognize actions and images of familiar adults. Show recognition when family photographs are displayed at eye level, begin to imitate familiar actions (pretend to talk on phone, pretend to stir).

### Relational Spiritual

The beginning of life is an intense experience for both mother and baby and sets the foundation for future interactions. Pregnancy and childbirth can be considered a rite of passage that involves the process of transitioning from being childless to becoming a mother. For many parents giving your little one back to God is a major deal. By giving your children back to God



you are making a promise to the Lord to do everything within your power to raise your child in a godly way, prayerfully until he or she can make a decision on his or her own to follow God. Parents who make this vow of commitment are instructed to raise their child in the ways of God, and not according to their own ways. Some of the responsibilities include teaching and training the child in God's Word, demonstrating an example of godliness, disciplining according to God's ways, and praying earnestly for the child.