

# HANG TIME

ACTIVITIES DESIGNED AROUND 5 FAMILY VALUES

JULY 2017

## FIGHT FOR THE HEART

**Communicate in a style that gives the relationship value.**

Take me out to the ball game. Take one kid at a time to a summer ball game. (So each kid gets a little one-on-one time with you.) Share a box of cracker jacks and root root root for the home team. Don't want to spend a lot of money?. Minor League games are cheaper and tend to focus on crowd entertainment. Or go cheer on your local recreational league for free!

## WIDEN THE CIRCLE

**Pursue strategic relationships for your kids.**

Make a house call. Leave the car at home, if you can, and take an after dinner-bike ride to visit a pastor, small group leader, or close family friend. Be intentional about investing in the influential relationships in proximity to where you live. Just make sure to plan enough time to get home before it gets dark!

## CREATE A RHYTHM

**Increase the quantity of quality times you spend together.**

Take a road trip. All you need is a full tank of gas and an adventurous spirit. Hop in the car for a spontaneous summer road trip. Play your favorite car games and talk about fun things on the way (something funny your neighbor said, what's the crazies dream you've ever had). Getting road weary? First one to spot a place for ice cream wins a prize!

## IMAGINE THE END

**Focus your priorities on what matters most.**

Say hello with sweets. Notice someone moving into the neighborhood this summer? Show your kids what it looks like to be a good neighbor and welcome them with a batch of brownies. Preschoolers can help make a welcome card while older kids can whip up a plate sweet treats. Bonus: Ask if you can haul away their cardboard boxes to make cardboard forts in your own backyard.

## JUST FOR YOU: MAKE IT PERSONAL

**Put yourself first when it comes to personal growth.**

Let freedom ring- If brewing a K-Cup is too much of a time commitment, use this month to evaluate your own schedule and work rhythms. Prayerfully consider what you need to say no to that will help add margin [and sanity] to your crazy busy life. Free up your schedule before the craziness of fall hits. Figure out your NO's so you can say YES to the things [people] that truly matter most.