

HANG TIME

ACTIVITIES DESIGNED AROUND 5 FAMILY VALUES

AUGUST 2017



FIGHT FOR THE HEART

Communicate in a style that gives the relationship value.

It's PGA Time. Gather your crew and head out for some miniature golf. Cheer each other on. Mulligans are totally allowed. Cool off afterwards with some iced tea and frosty lemonade to celebrate your little Arnold Palmers. Family time is always a win, even if no one got that elusive hole-in-one.



WIDEN THE CIRCLE

Pursue strategic relationships for your kids.

Back to school. Crayons, glue sticks, and notebook paper are abounding at every superstore, not-so-subtly hinting that summer is just about over (or maybe it already is). When the school year begins, make an effort to get to know your kid's teachers—not just *meet* them. At Open House, let them know how thankful you are for the investment they are making in your kid this year. As you shop for back-to-school supplies, let your kid, even your teens, pick out a few extra items just to give to their teachers. Include a card or note that says, "Thanks for all you do!"



CREATE A RHYTHM

Increase the quantity of quality times you spend together.

Get out of this world. Do some space exploration together. Download a star-gazing app on a clear night, put down a blanket in the yard, and check out the stars. Let the grandeur of the universe steer you to a conversation about the divine Creator, and enjoy talking about the intricate details of His master plan. Don't miss the total solar eclipse on August 21st. It will be the first time in almost 100 years that the moon passes in front of the sun to cast a shadow on the earth. Totally shady, right?



IMAGINE THE END

Focus your priorities on what matters most.

Did you know August 17th is Thrift Shop Day? Many charities run thrift stores as a way to raise money for good causes. Buying clothing and second-hand items from thrift stores not only saves you cash, but is also a fabulous way to teach kids about generosity and the 3 R's—Reduce, Reuse, Recycle. So go shopping together and see who can find the most interesting—or absurd—thing. A thrift shop fashion show, anyone?



JUST FOR YOU: MAKE IT PERSONAL

Put yourself first when it comes to personal growth.

Make a date for some R&R. August 15th is National Relaxation Day. Yup, it's a thing! Schedule that haircut with the scalp massage, take a nap on your lunch break, go to bed early, or buy new jammies for yourself. Add some rest and relaxation into your day. Often the best way to take care of the kids is to make sure to take care of you!