

# HANG TIME

ACTIVITIES DESIGNED AROUND 5 FAMILY VALUES

APRIL 2018



## FIGHT FOR THE HEART

Communicate in a style that gives the relationship value.

**April Fact or Fool.** April 1st is April Fool's Day and the 4th is Tell a Lie Day. A few times this month, play a few rounds of *April Fact or Fool* during dinner. Have everyone state two *factual* things that happened during their day and one *fake* thing. Then, see who can guess which fact is "fools." It's a fun and creative way to get your kids to talk about what's going on in their daily lives.



## WIDEN THE CIRCLE

Pursue strategic relationships for your kids.

**Springing a Surprise.** Choose a favorite family friend, relative, or pastor, and plan an unexpected surprise for them. Load up your tribe and secretly drop off a basket of treats and plastic eggs filled with written-out compliments to their house or office. Bonus points if you can pull it off without their knowing it was you!



## CREATE A RHYTHM

Increase the quantity of quality times you spend together.

The sparkliest day of the year is April 9th—**National Unicorn Day!** Add some whimsy to your morning by making unicorn toast for breakfast (toast topped with pink cream cheese and sprinkles). Take your older kids on a hunt for that colorful unicorn Frappuccino (fingers crossed that it makes a return!) Search the hashtag #unicornliner for magical makeover ideas. Make the day sparkle by spending time together. Because friendship is magical.



## IMAGINE THE END

Focus your priorities on what matters most.

**Earth Day.** Head outdoors and show your kids how to be good stewards of the world God created. Spend an afternoon cleaning up a little league field or a local walking trail. Make a fun art project from recycled goods. Have the kids help stock your car with reusable shopping bags for that next trip to the supermarket. Find a good documentary to watch with older kids about sustainability.



## JUST FOR YOU: MAKE IT PERSONAL

Put yourself first when it comes to personal growth.

**Find Your People.** Get in a tribe with other parents. Take a parenting class, jump into a new small group, join a book club, or invite some other parents over for dinner. Develop your own support system by leaning into relationships with those in your stage of life.