

HANG TIME

ACTIVITIES DESIGNED AROUND 5 FAMILY VALUES

APRIL 2018



FIGHT FOR THE HEART

Communicate in a style that gives the relationship value.

April Fact or Fool. April 1st is April Fool's Day and the 4th is Tell a Lie Day. A few times this month, play a few rounds of *April Fact or Fool* during dinner. Have everyone state two *factual* things that happened during their day and one *fake* thing. Then, see who can guess which fact is "fools." It's a fun and creative way to get your kids to talk about what's going on in their daily lives.



WIDEN THE CIRCLE

Pursue strategic relationships for your kids.

Springing a Surprise. Choose a favorite family friend, relative, or pastor, and plan an unexpected surprise for them. Load up your tribe and secretly drop off a basket of treats and plastic eggs filled with written-out compliments to their house or office. Bonus points if you can pull it off without their knowing it was you!



CREATE A RHYTHM

Increase the quantity of quality times you spend together.

The sparkliest day of the year is April 9th—**National Unicorn Day!** Add some whimsy to your morning by making unicorn toast for breakfast (toast topped with pink cream cheese and sprinkles). Take your older kids on a hunt for that colorful unicorn Frappuccino (fingers crossed that it makes a return!) Search the hashtag #unicornliner for magical makeover ideas. Make the day sparkle by spending time together. Because friendship is magical.



IMAGINE THE END

Focus your priorities on what matters most.

Earth Day. Head outdoors and show your kids how to be good stewards of the world God created. Spend an afternoon cleaning up a little league field or a local walking trail. Make a fun art project from recycled goods. Have the kids help stock your car with reusable shopping bags for that next trip to the supermarket. Find a good documentary to watch with older kids about sustainability.



JUST FOR YOU: MAKE IT PERSONAL

Put yourself first when it comes to personal growth.

Find Your People. Get in a tribe with other parents. Take a parenting class, jump into a new small group, join a book club, or invite some other parents over for dinner. Develop your own support system by leaning into relationships with those in your stage of life.