



WEEK 1

PHILIPPIANS 4:11-13

Be Content

ASK THIS: What do you do when things don't go your way?

WEEK 2

HEBREWS 13:5

Don't Be Controlled by Money

ASK THIS: Why do you still want stuff if it can't keep you happy?

WEEK 3

1 KINGS 21:1-19, 27

King Ahab and Naboth's Vineyard

ASK THIS: What can you do when all you can think about is what someone else has?

WEEK 4

EXODUS 16:2-21; 17:1-7

Israelites Long for Egypt

ASK THIS: What is good in your life right now?

REMEMBER THIS

"Then he said to them, "Watch out! Be on your guard against wanting to have more and more things. Life is not made up of how much a person has."
Luke 12:15 NIRV

LIFE
APP

CONTENTMENT—Deciding to be okay with what you have

DO THIS



MORNING TIME

Write this on a piece of paper, "Stuff can't keep you happy" and take a picture of it. Save the picture as your child's background screen on either their phone, computer or tablet as a reminder to them! See how long it takes them to notice their new screensaver.



DRIVE TIME

Just for fun, everyone (parents included!), list out all the things you would buy right now if you had all the money in the world! Now, come back to reality and list out the things you currently have that meet all of your needs and more. Tell your kids this friendly reminder, "Don't miss out on what you already have now."



MEAL TIME

Q & A for kids: What food can you never get enough of?
Q&A for parents: Did you ever have a collection of anything when you were a kid?



BED TIME

Read Hebrews 13:5. Whether you have a lot or a little, it's easy to want more to make you happy. God made us so that stuff can never fill us. His love is the only thing that can give us true joy. Chasing stuff won't make us happy, but showing love to God and to others will. Pray that you will grow closer to God and not depend on the things you own to make you happy.