



2019 NCAA DIVISION I MEN'S BASKETBALL CHAMPIONSHIP BRACKET

First Round MARCH 21-22
 Second Round MARCH 23-24
 Regional Semifinals MARCH 28-29
 Regional Finals MARCH 30-31
 National Semifinals APRIL 6
 National Semifinals APRIL 6
 Regional Finals MARCH 30-31
 Regional Semifinals MARCH 28-29
 Second Round MARCH 23-24
 First Round MARCH 21-22

FIRST FOUR



DAYTON
MARCH 19-20

Watch On
tru



FINAL FOUR
MINNEAPOLIS
APRIL 6 AND 8

NATIONAL CHAMPIONSHIP
APRIL 8



#MarchMadness

Watch the tournament on these networks
or online at NCAA.COM/MARCHMADNESS

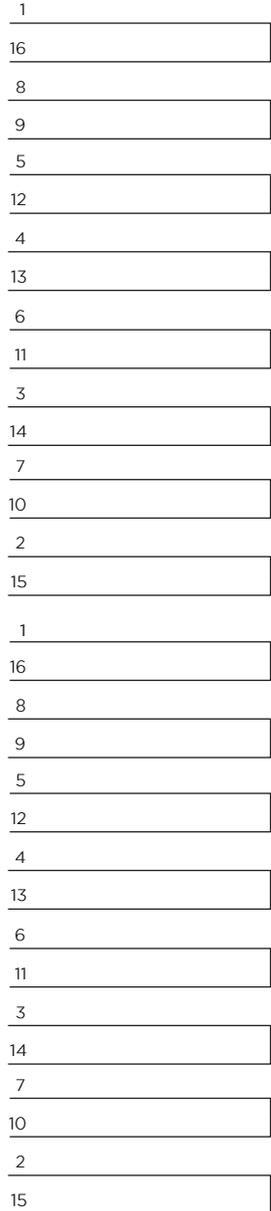


*On March 11, the NCAA Division I Men's Basketball Committee will select eight teams to play the first-round games on March 19 and 20 in Dayton. The four winning teams will advance to a second-round site to be determined by the committee during selection weekend. First-round and second-round and regional sites will be placed in the bracket by the NCAA Division I Men's Basketball Committee March 17.

March 21 and 23 first-/second-round sites: Hartford, Salt Lake City, Des Moines, Jacksonville. March 22 and 24 first-/second-round sites: Tulsa, Columbus, Columbia, San Jose. March 28 and 30 regional sites: Louisville, Anaheim. March 29 and 31 regional sites: Washington, D.C., Kansas City.



The NCAA opposes all forms of sports wagering



TEAM-BUILDING TIPS

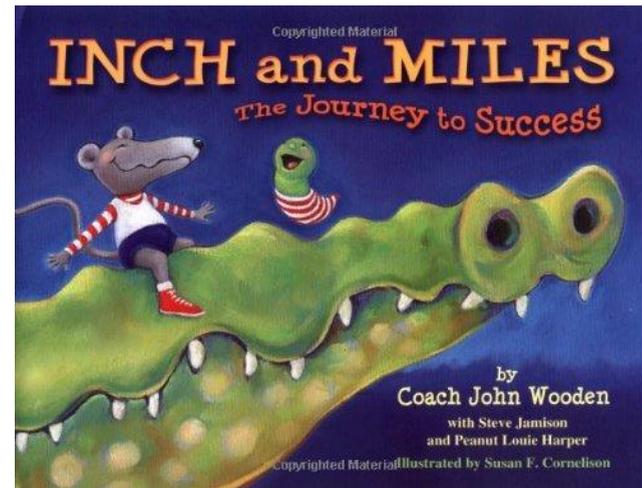
Forty years ago, in the last season of his legendary career, John Wooden coached UCLA to its tenth men's basketball championship. Here are seven team-building tips from that historic season.

Read more: <https://www.inc.com/ilan-mochari/john-wooden-ucla.html>

1. Never stop teaching, but keep it brief.
2. No matter how successful you become, you'll deal with critics and loudmouths.
3. Measure yourself on the maximization of potential, not necessarily the bottom-line result, and...
4. When the light shines on you, deflect it to another who's deserving.
5. You'll win with star performers who've learned humility.
6. Don't hold grudges.
7. Don't forget to have fun.



Food Network: Munch Madness
Duke Blue Devils: Blue Deviled Eggs
Gonzaga Bulldogs: Bulldogs in a Pretzel Blanket
Arizona Wildcats: Spicy Wildcat Claws
Wisconsin Badgers: Bucky Bites
Notre Dame Fighting Irish: Fiery Potato Skins
Michigan State Spartans: Spartan Sword Crudites
Louisville Cardinals: Birdseed Truffles



LifeApp: INDIVIDUALITY—discovering who you are meant to be.

Key Verse: "How you made me is amazing and wonderful. I praise you for that. What you have done is wonderful. I know that very well." Psalm 139:14