

HANG TIME

ACTIVITIES DESIGNED AROUND 5 FAMILY VALUES

JULY 2019



FIGHT FOR THE HEART

Communicate in a style that gives the relationship value.

Get Technical. Use technology to connect with your kids this month. Choose a game or app that you can play against or with each other. For example, Boggle, Words With Friends, or something similar. Take turns and use technology to engage your kids where they are already.



WIDEN THE CIRCLE

Pursue strategic relationships for your kids.

Family Game Night. Is there a family—in your neighborhood or church—that you'd like to get to know better? Being an adult doesn't make it any easier to make new friends, but someone's got to make the first move! Shoot a text or message to a family you'd like to get to know better, and invite them over for a family game night this month—have a bingo tournament, play cornhole, or break out charades. Having fun together is the best way to break the ice.



CREATE A RHYTHM

Increase the quantity of quality times you spend together.

National Picnic Month. Celebrate National Picnic month by going on at least one picnic as a family. Pack up a basket with a picnic blanket, sandwiches and some fruit, or find a picnic table and fire up the grill. The point is to get outside together and make a summer memory.



IMAGINE THE END

Focus your priorities on what matters most.

Road Trip to Nowhere. Take a road trip to nowhere! Grab a quarter, no GPS allowed. When you come to a major intersection, let someone flip a coin to decide whether you go left or right. While you're driving, talk about decision-making. One decision takes a car (and a person) one direction, changing the course of the entire trip (or life). (You can use GPS to find your way back home—you might need it!)



JUST FOR YOU: MAKE IT PERSONAL

Put yourself first when it comes to personal growth.

Top 3. Don't let the summer come to an end without celebrating some of its wins. Take a few minutes to scroll through the photo app on your phone. Choose the top 3 photos from the summer and print them out and put them on the fridge so you can cherish the memories you've made.