

### BOOK

### WEBSITES

### WEBSITES (CONT.)

**Brave**  
by Lisa Barnes

National Suicide  
Prevention Lifeline

**Suicide . . .  
Read This First**

American Foundation for  
Suicide Prevention

Depression and Bipolar  
Support Alliance (For Teens)

### BOOKS

**Braver Stronger Smarter:  
A Girls Guide to  
Overcoming Worry  
& Anxiety**  
by Sissy Goff

**Brave**  
by Lisa Barnes

## For Kids