

Commitment means making a plan and putting it into practice.



Read Psalm 5:3

DAY
1

Can You Hear Me Now?

Did you know that you can talk to God anywhere, anytime? You can talk to God silently with your eyes closed or with your eyes open. You can sing to Him through songs or you can talk to Him out loud. You can talk to Him while you are dancing, walking, sitting, or riding your bike. You can talk to Him at school, at home, outside, inside, or even upside down! You can talk to Him first thing in the morning, at lunchtime, at bedtime or all the time! So when do you like to talk to God? If you aren't sure, pick an option from above and try it out! If you're not sure what to say, here you go.

Dear God, Thank You for loving me and

DAY
2

Hear My Voice

Ask an adult to help you look up Psalm 5:3. This is King David talking to God. This verse tells us how important it is to start your day talking to God. God wants you to talk to Him like you are talking to a friend. He wants to know what bothers us, what makes us happy, what makes us sad, and even when we are afraid. He loves you and cares about everything you have to say. Big or small. So, when you wake up tomorrow, do just as King David did and start your day with prayer.

Remember to start your day off talking to God!

DAY
3

Our Father . . .

Ask an adult to help you look up Luke 11:2-4. This is called the Lord's Prayer. This isn't the exact prayer we have to pray but it's an example of how we can pray. Let's break it down a little more. You can flip this page over, color it. Once you're done with this week, hang it up as a reminder of what we need to pray about! God always wants to hear from you!

Thank God for giving us this example so we can talk to Him.

DAY
4

Prayer Stack

Ask your family to play the prayer stack game with you. Everyone writes one phrase from below on the top of each hand. Race to stack everyone's hands on top of each other. This is a shortened version of what we learned yesterday. Ready? Set. Stack that Prayer! When you are stacked all the way to the top pull hands out from the bottom and keep going!

You're amazing!
Ask

Thank you!
I'm sorry

Thank God for everything He has given us and done for you.

Practice praying to God.

PARENT CUE

PRACTICE

praying to God.

TELL GOD
HOW
AMAZING
HE IS!

SAY THANK
YOU FOR ALL
HE HAS DONE
FOR US AND
GIVEN US

ASK GOD FOR
WHAT YOU
NEED OR
NEED HELP
WITH

SAY YOU'RE
SORRY FOR
ALL THAT YOU
HAVE DONE
WRONG

