

Upcycle: Make the most of what you've got

Contentment is learning to be okay with what you have.



MEMORY VERSE

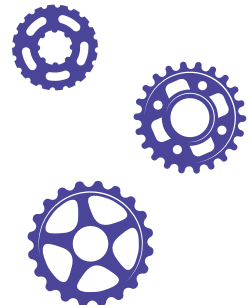
“Then he said to them, ‘Watch out! Be on your guard against wanting to have more and more things. Life is not made up of how much a person has.’”
Luke 12:15, NIV

Bible Story

Israelites Long for Egypt

Exodus 16:2-21; 17:1-7

What is good in your life right now?



Weekly Cues



Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

Start your kid's day off with encouragement by telling them: "I appreciate your help." Give them a specific example(s) of ways they've helped you.



Meal Time

At a meal this week, ask everyone at the table: "What is good in your life right now?"



Drive Time

While on the go, ask your kid: "Which one of your friends makes you laugh the most? Or are you the friend who makes other people laugh?"



Bed Time

Pray for each other: "God, thank You for what You have given us." (Spend some time acknowledging specific things God has provided for your family.)



PARENT CUE

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