MAY WEEK ONE

## Elementary



# Bounce Back: Get back up again

Resilience is getting back up when something gets you down.



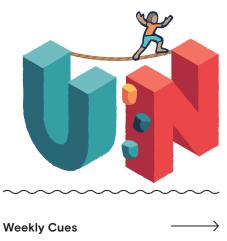
### **Bible Story**

Great Commission and Spread of the Gospel Matthew 28:16-20, Acts 1 and 2

God is always with you.

#### MEMORY VERSE

"But those who trust in the Lord will receive new strength. They will fly as high as eagles. They will run and not get tired. They will walk and not grow weak." Isaiah 40:31, NIrV



### Elementary

ENGAGE IN EVERYDAY MOMENTS TOGETHER



### **Morning Time**

As your kid starts their day, send them off with some encouraging words. Complete the following statement: "I hope you know..."



At a meal this week, ask everyone at the table: "What is something you like to always have with you?"



### **Drive Time**

While on the go, ask your kid: "What was the best part of your day today? What was the worst part of your day?"

### ) Bed Time

Pray for each other: "God, help us to remember that we are never alone. When we feel lonely or overwhelmed, remind us that You are always with us."



PARENT CUE

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