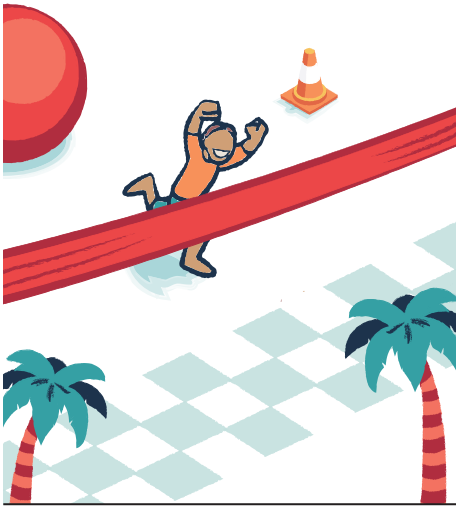


Bounce Back: Get back up again

Resilience is getting back up when something gets you down.



MEMORY VERSE

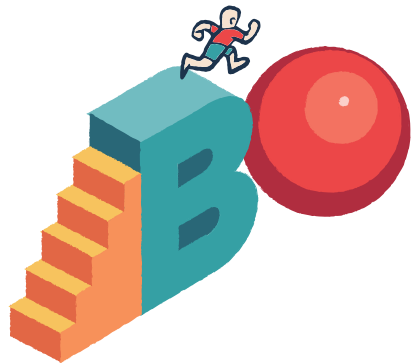
“But those who trust in the Lord
will receive new strength. They
will fly as high as eagles. They will
run and not get tired. They will
walk and not grow weak.”
Isaiah 40:31, NIV

Bible Story

Heroes of the Faith

Hebrews 11

Trusting God can help you get back up.



Weekly Cues



Elementary

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

Start off your kid's day with an encouraging word. Complete the following statement: "I've noticed . . ."



Meal Time

At a meal this week, describe a time when you were discouraged after something didn't turn out the way you had hoped, but you kept at it. What inspired or encouraged you? After you share, see if your kid has a similar story.



Drive Time

While on the go, ask your kid: "What is something you want to learn how to do this summer?"



Bed Time

Pray for each other: "Help us to see those around us who need encouragement to keep going, and to be their biggest encouragers."



PARENT CUE

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