

# Faith is trusting in what you can't see because of what you can see.

## DAY 1

### Read Galatians 2:16

This summer is all about faith—trusting in what you can't see because of what you can see. Think about a few things you can't see with your eyes but you know are real.



Unscramble a few examples below.

The .....  
N D I W

.....  
T Y V R G A I

.....  
F I I W

.....  
D G O

*Answers: Wind, Gravity, Wifi, God*



In our Bible story this week, Saul knew God's law and he tried really hard to follow it. He thought he had God figured out, until he was blinded by a bright light and heard Jesus speak to him!

Saul's life completely changed that day. He realized that Jesus was who He said He was. And just like Saul, when you get to know Jesus, it can change how you see things!

## DAY 2

### Read Galatians 2:20

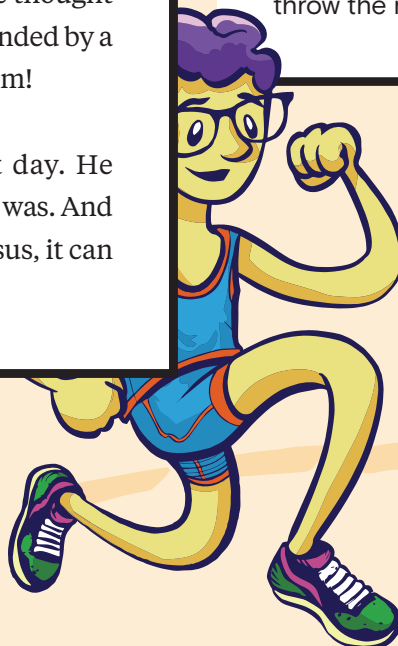
Have you ever tried to shoot a bow and arrow to hit a target? It can be really hard to aim and land the arrow on the target!

This is true about life too. Sometimes we mess up. We hurt people. We make unwise choices. We miss the target. Thankfully, we don't have to be good enough or do enough right things to have a relationship with God. God loves us so much! God sent Jesus to make a way for everyone to be forgiven, even when we mess up and do things that are wrong. When we put our faith in Jesus, He lives in us to help us follow Him.



#### Target Practive

Head outside with an empty can and a rock. With an adult's permission, draw a big X on the side of the can. Stand a few feet away and try to throw the rock to hit the "X".



DAY 3

## Read Ephesians 5:1-2

Take a moment and think about the people in your life. Is there someone who is hard to get along with sometimes? Did you know that Jesus can help you with that?

When you put your faith in Jesus, He can help you love others around you, even those who are hard to love. That's one big way we practice our faith. Knowing Jesus changes how you see things.

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### Talk To God

Grab some paper and write down the name of someone who is hard to love. Pray and ask Jesus to help you choose to love them, even when they're bugging you. Put this piece of paper where you'll see it. When you see the name this week, stop and pray for them.

DAY 4

## Read Matthew 11:28-30

### Heavy

Grab a sturdy bag like a backpack and head to the kitchen. Grab a few cans or other heavy items that won't break. Think back over your week and name some moments that didn't go how you wanted or planned. For each example, put a can in your bag. Once it's full, put it on your back and take a walk around the house. Could you carry that heavy backpack around day after day?

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Sometimes when bad things happen, we feel like we have to carry them around like a heavy backpack. But Jesus says, "Give me those heavy loads and I will give you rest!" Jesus offers us forgiveness and acceptance as a gift. As we follow His command to "learn from me," we'll begin to see things the way He does. Because knowing Jesus changes how you see things.



Knowing Jesus changes  
how you see things.